

Age-Friendly Communities

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A Global Movement



GLOBAL
1000+
Communities

NATIONAL
473
Communities

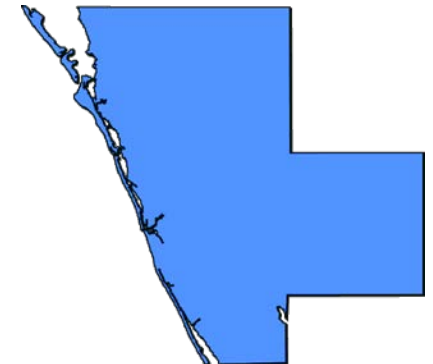


REGION



STATE
36 Communities
April 23, 2019 Florida
is designated an
Age-Friendly State by
Governor DeSantis


Sarasota County

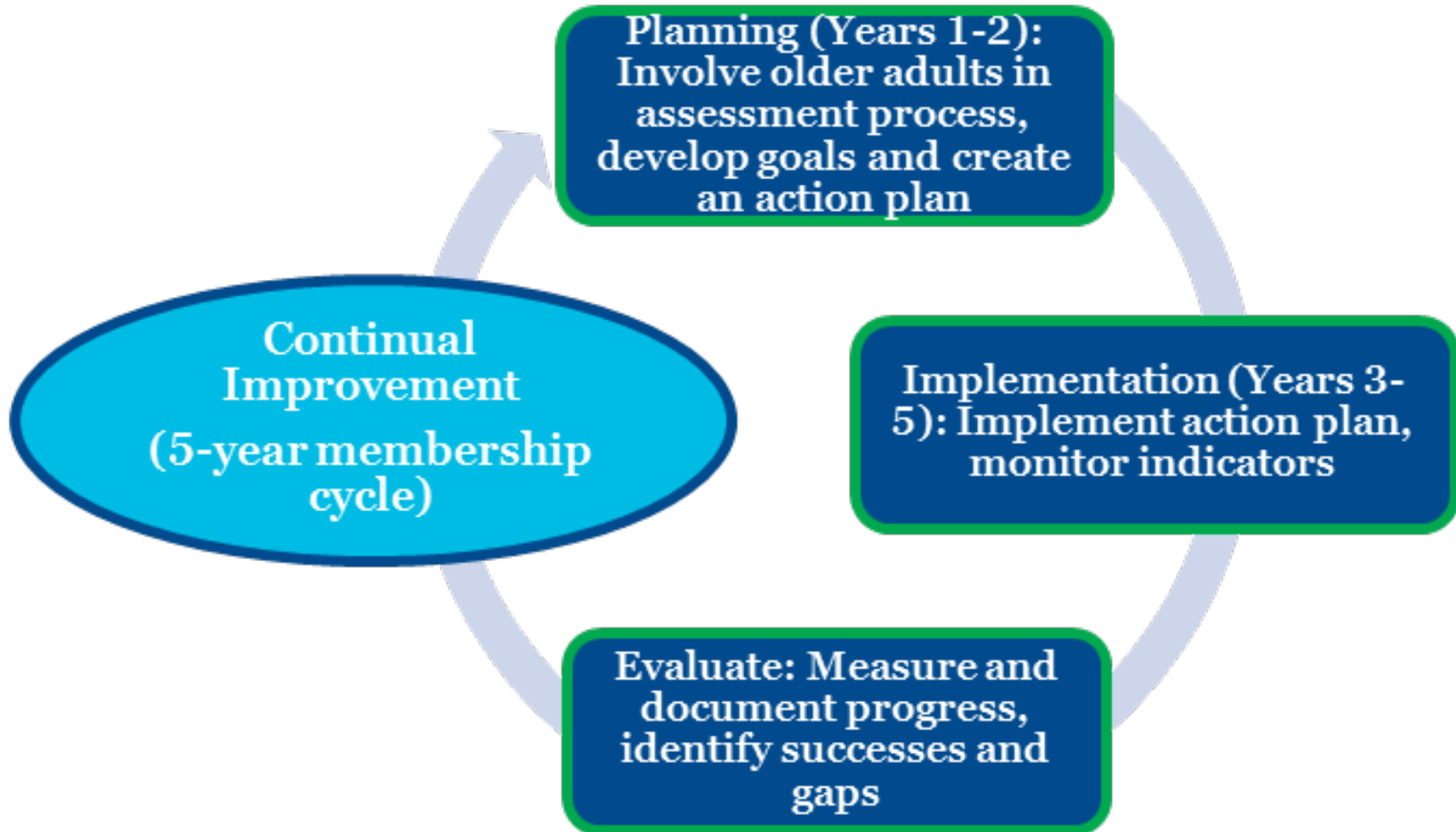


Manatee County, Florida

- 2010 Census Count – 322,833
- 2020 Projection – 395,789
- 2030 Projection – 466,461
- 2040 Projection – 519,183



Age-Friendly Program Cycle



Domains of Livability

The World Health Organization has identified eight domains that influence health and quality of life.



Civic Participation & Employment: Options for paid work, entrepreneurship, post-retirement training, volunteering, and the chance for residents of all ages to engage in the creation of policies relevant to their lives.



Communication & Information: Access to information about community activities and services through multiple formats adapted for sensory impairments and access to computers, internet and automated information.



Community Support & Health Services: Access to homecare services, medical care and programs that promote wellness, voluntary support, emergency planning, aging specialist and coordinated care across the continuum.



Housing: Access to a range of affordable housing options, home modification programs, home maintenance services and alternative living options to age in place.



Outdoor Spaces & Buildings: Availability of safe and accessible facilities for recreation, shopping and services; walkways; parking areas; public restrooms; and public parks.



Respect & Social Inclusion: Access to an environment that encourages reverent treatment and interactions, intergenerational activities, and involvement by residents of all ages, abilities and incomes.



Social Participation: Affordable and accessible opportunities across a range of social activities with peers and younger people, countering isolation.



Transportation: Availability of safe and affordable transportation to needed services and desired activities; specialized services; pedestrian and cycling; roadway design and signage; and travel after transitioning from driving.

The Trust for America's Health and the Florida Department of Health with funding through the John A. Hartford Foundation have completed a pilot program that worked with 37 of Florida's 67 county health departments; ensuring planning and programming that includes a focus on older adults.

This led to the development of the
5 C's of an Age-Friendly Public Health System.

- **Connecting and Convening**
- **Coordinating**
- **Collecting and Disseminating Data**
- **Communicating**
- **Complementing and Supplementing**

Manatee County had several key areas of focus which included:

- **Worked with the community paramedics program to provide care coordination for older adults when discharged from the hospital.**
- **DOH developed a handout for older adults focused on suicide prevention and mental health resources**
- **Partnered with community organizations to provide advanced care planning at no cost to older adults**
- **DOH joined a multi-sector coalition to work on falls prevention.**

The DOH in Manatee County along with the Manatee Care Health Alliance just concluded a community health survey to find out what the residents see as health concerns and community needs. The results will shape the 2021-2023 Community Health Improvement Plan. Look for results in 2021.

FLORIDA

SAFE

 Survey
DEPARTMENT OF ELDER AFFAIRS

[- HOME](#)

[ABOUT THE SURVEY](#)

[CONTACT US](#)

TOGETHER WE CAN.

What's your behavior pattern with CV19 and how does it affect your health? Take the survey and find out!

[TAKE THE SURVEY](#)

FLORIDIANS ARE RESILIENT.

GOVERNOR RON DESANTIS



ONE GOAL ONE FLORIDA
GOVERNOR RON DESANTIS

Connecting via Social Media

- **Top social media platforms used by older adults**
- **Online classes/learning opportunities**
- **Connecting with family and friends on social media**
- **Options for health and wellness**



**Tips for
Celebrating
Safely This
Thanksgiving**

SAFE | CELEBRATE AT HOME



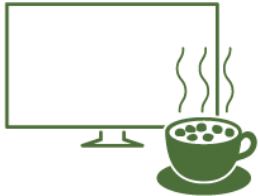
Prepare traditional dishes with those in your household



Host a virtual dinner and share recipes with family and friends



Put up your favorite decorations and share photos online



Watch parades, sporting events, and movies at home



Shop online instead of in stores

Safe and Happy Holidays

LESS SAFE

IF YOU GATHER,
DO SO WISELY



Keep it small
and stay local



Stay outside if possible
and ensure proper
ventilation if indoors



Wear masks and
social distance



Wash or sanitize your
hands regularly,
especially before eating



Avoid contact with
non-attendees for 14 days
before and after your gathering

Safe and Happy Holidays

UNSAFE | AVOID...



Large gatherings,
especially indoors



Potlucks, buffets, or
other shared food



Places with crowds,
such as stores,
parades, running
events, and sports



Contact with anyone
who is sick or may
have been exposed to
COVID-19

Florida Department of Health in Manatee County :

<http://manatee.floridahealth.gov/>

2015-2020 Community Health Improvement Plan:

http://manatee.floridahealth.gov/programs-and-services/wellness-programs/community-health-planning/_documents/chip-final.pdf

Age-Friendly Sarasota: <https://www.agefriendlysarasota.org/>

Age-Friendly Public Health: <https://www.tfah.org/initiatives/age-friendly-public-health/>

Florida Safe Survey CV19 CheckUp: <https://floridasafesurvey.com/>

Manatee County COVID 19 Dashboard:

<https://manateegis.maps.arcgis.com/apps/opsdashboard/index.html#/6d62b35e04d44d26b73c6d29b92efb72>

Social Media Guide-PDF, Talk it Out Flyer, will be provided to Judy



Thank you !



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Newsletter

AgeFriendlySarasota.org
info@AgeFriendlySarasota.org

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#ForAllAges

